



# Beat the Clock and Help Beat Cancer

Raising money, awareness and people's spirits— all to benefit the Lance Armstrong Foundation

## About Beat the Clock (BTC):

Patt Baenen-Tapscott is a 5+ year breast cancer survivor. Since her recovery, she has been committed to supporting others who are in the fight against this disease and raising money to find a cure. Each year, she (and dozens of her passionate volunteers) host events with the proceeds going directly to the Lance Armstrong Foundation (LAF).



Cancer/Treatment '04



## What Beat the Clock does:

BTC raises money and awareness to fight cancer. In 2009, \$26,000 was raised. Attendance for all events continues to grow.

- 1. Time Trial Series** – From February to August, 5 time trial events are hosted on Canada Road in Woodside. Beginner and pro cyclists alike come out to test their skills against the clock. A 10 mile course which is a fun chance to train and improve skills. Local Olympians, District and National champions have been known to frequent (as well as volunteer) for these events.
- 2. Afternoon at the Track** – join our Hellyer Park Velodrome regulars and spend the afternoon experiencing riding on the track. This is the only venue which allows road bikes on the track. The nature of timed events creates the safest environment to experience the Velodrome. Scheduled 2 weeks before Master State Championships to allow for fine tuning and team time trial practice.
- 3. Auction** – check out the cool stuff our sponsors have generously donated to help us raise money for LAF. Each year, you can expect to see some of the same "goodies" from the year before, as well as cool bike and non-bike stuff. Sponsors for 2010 include Zipp Speed Weaponry, DT Swiss, Cateye, Lucas Ranch, and local restaurants also contribute. We are always looking for more.
- 4. Raffle** – raffle tickets are sold at \$5 each the entire season. Tickets can be purchased on-line during registration or at events. Drawing is held after final time trial. Leader Bikes has donated the grand prize since the series started. Voler Team Apparel, Power Systems and local fitness studios also donate. We are always looking for more items to raffle.



Ride for the Roses 2009



Standing start at the track



Grand Prizes 2009 Raffle  
Leader TT or Track Frame

## How to Get Involved:

BTC is always open and welcome to new participants, volunteers, sponsors, and donations. If you are interested in joining, please go to our website below for more information: <http://www.scaledup.com/beattheclock/>

Or contact **Patt Baenen-Tapscott** at **650-851-7621** or **patt@scaledup.com**

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